



THE 365 SEA SWIM CHALLENGE

Fund raising, conservation, community & education.

52 Week Challenge terms

Welcome, congratulations for taking the plunge!

The challenge consists of:

Swimming in the sea/wild for 52 consecutive weeks, minimum of two swims per week.

No wetsuit, neoprene boots/gloves/swim hats are allowed.

There is a £20 sign up fee which gives you use of the 365 logo, supply of Tee shirts & Merchandise, support via social media, website & personal support from the 365 founder members.

You can choose the 365 or whichever charity/cause you like however, we ask for a 20% donation of what you raise to go back into the 365 Legacy Fund.

You take on the challenge in good faith & at your own risk, we take no responsibility for injury or illness incurred whilst attempting The 365 Sea Swim Challenge. Best practice is to be guided by tides, weather condition, swell, water temperature and personal fitness/health. It is the swimmer's responsibility to manage safety.

Thank you & good luck.

Chris Thomas

Rob Hunt

365 Founder members

Sign & Print